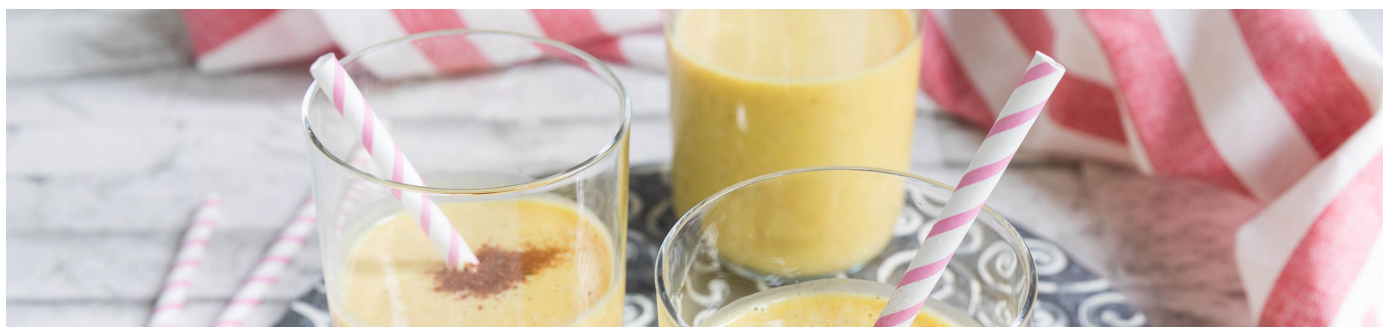


# Mango Lassi



 5 min.  151 kcal  SteviaSweet Crystal

## Preparation

Mix all the ingredients with a hand blender or a blender and pour into glasses.

## Ingredients for 4 servings

500 ml	milk
200 g	natural yogurt
200 ml	unsweetened pure mango
25 g	SteviaSweet Crystal
1 tsp	turmeric
1 tsp	cinnamon

## Nutritional information per portion

151	kcal
635	kJ
6.5	g Protein
15.5	g Carbohydrates
7	g Fat