

Watermelon and mint smoothie



10 min. 78 kcal SteviaSweet Crystal

Preparation

Cut the watermelon into cubes. Squeeze the juice from the lemon. Put the watermelon, ice, lemon juice and [SteviaSweet Crystal](#) into a blender. Mix until smooth. Add the mint leaves and mix quickly. Serve immediately.

Ingredients for 3 servings

500 g	cubed watermelon
	Juice from ½ lemon
1/2 tbsp	SteviaSweet Crystal
8 g	mint leaves
	ice

Nutritional information per portion

78	kcal
328	kJ
1	g Protein
15	g Carbohydrates
0.5	g Fat